

Carlisle ISD
Secondary Grades 6th-12th
February 2010



Origins includes Entrée, Vegetables, Fresh/Canned Fruit or 100% Fruit Slush & Choice of Milk



FEATURED DAILY
Fresh Baked Pepperoni Pizza
Or Specialty Pizza

February 1-5

- MON** Enchilada, Refried Beans, Lettuce/Tomato, Salsa, Spanish Rice, Diced Peaches
- TUE** Made To Order Hoagie, Choice of Meats, Choice of Fresh Vegetables, Baked Chips, Fresh Fruit
- WED** Whole Grain Chicken Nuggets, Whole Wheat Bread, Mixed Vegetables, Pineapples
- THU** Grilled Cheese Or Hot Ham & Cheese On Bun, Vegetable Beef Soup, Lima Beans, Apricots
- FRI** Pepperoni & Cheese Hot Pocket, Carrot Slices, Green Peas, Pear

February 8-12

- MON** Italian Meatball Sub, Mixed Vegetables, Spinach, Pineapples
- TUE** Sweet & Sour Pork, Fresh Stir Fried Vegetables, Fried Rice, Green Beans, Pineapples, Fortune Cookie
- WED** Chicken Spaghetti, Green Peas W/Diced Peppers, Seasoned Carrots, Orange
- THU** *Beef & Bean Burrito Or Frito Pie, Seasoned Steamed Corn, Spinach, Banana*
- FRI** Whole Grain Pizza Sausage or Pepperoni, French Fries, Fruit Cocktail

February 15-19

- MON** Chicken Fried Steak, Mashed Potatoes, Gravy, Yellow Squash, Green Beans, Raisins
- TUE** Hot Dog, Chili, Cheese, Steamed Green Peas W/Diced Onions, Baked Potato Wedges, Raisins
- WED** Made To Order Hoagie, Choice of Meats, Choice of Fresh Vegetables, Baked Chips (Panini Grill Option)
- THU** Rib Patty On Bun or Sausage Link On Bun, Coleslaw, Corn, Applesauce
- FRI** Whole Grain Pizza Sausage or Pepperoni, French Fries, Fruit Cocktail

February 22-26

- MON** Spaghetti W/Whole Grain Noodles, Breadstick, Green Peas, Diced Peaches
- TUE** Made To Order Hoagie, Choice of Meats, Choice of Fresh Vegetables, Baked Chips, Fresh Fruit
- WED** Nachos, Refried Beans, Salsa, Spanish Rice, Dried Cranberries
- THU** BBQ Pork On Whole Wheat Bun, Baked Beans, Coleslaw, Orange
- FRI** Pepperoni & Cheese Hot Pocket, Carrot Slices, Green Peas, Pear, Pineapples

February 1-5

- MONDAY** – Cheese Pizza
- TUESDAY** – Beef Pizza
- WEDNESDAY** – Sausage Pizza
- THURSDAY** – Calzone
- FRIDAY** – Supreme Pizza

February 8-12

- MONDAY** – Mushroom Pizza
- TUESDAY** – Flat Bread Pizza
- WEDNESDAY** – Beef Pizza
- THURSDAY** – Pepperoni/Jalapeno
- FRIDAY** – Cheese Pizza

February 15-19

- MONDAY** – Cheese Pizza
- TUESDAY** – Calzone
- WEDNESDAY** – Beef/Jalapeno Pizza
- THURSDAY** – Ham & Pineapple Pizza
- FRIDAY** – Sausage Pizza

February 22-26

- MONDAY** – Beef Pizza
- TUESDAY** – Cheese Pizza
- WEDNESDAY** – Pepperoni/Jalapeno
- THURSDAY** – Calzone
- FRIDAY** – Meat Lovers Pizza

Includes Pizza or Specialty Pizza
With Sides, Fresh Fruit or 100% Fruit
Slush and
Choice of Milk



An asterisk(*) denotes components of Balanced Choices meals that meet strict nutrient parameters for calories, fat, saturated fat, cholesterol, fiber, sodium, and other key nutrients. All Balanced Choices meals include a choice of 1% or less milk.

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